



ANNUAL REPORT for 2020

Since 2012, the Holistic Health Community has been providing free holistic healthcare and education to our community. Currently we have 57 holistic practitioners and 26 administrative volunteers who love to give service and come together to create an expanded paradigm of well being.

- In January and February of 2020, we offered Free Community Holistic Healthcare Days on the third Tuesday of both months. During these Healthcare Days, an average of 18 practitioners and 12 administrative volunteers (defined by the size of our space) offered free sessions to an average of 50 clients. A holistic medical doctor was also available to see clients and handle special needs. For a list of the wide variety of energy healing and psychological modalities clients can choose from, visit <https://holistichealthcommunity.org/services>
- Beginning in March of 2020, in response to the pandemic, we reinvented our in-person Healthcare Days as Virtual Holistic Healthcare Weeks at which an average of 20 practitioners have served around 80 clients (an increase over our live Healthcare Days). By going virtual, we have not only offered services to our local community, we have also extended our free healing services to include people from other states, thereby rippling out to a larger circle and reinforcing the concept of free healthcare for all.
- At the same time, we have offered many virtual classes and Special Events co-sponsored with the Morty and Gloria Wolosoff Foundation. For a listing of all our Healthcare Days/Weeks, Self-Care Classes and Special Events offered in 2020, please visit: <https://holistichealthcommunity.org/events/calendar-of-events/?eventyear=2020>
- We welcomed seven new practitioners:
 - Ami Jayaprada Hirschstein Ayurvedic Medicine
 - Therese Bimka Self Collage
 - Stephanie Rooker Voice Journey
 - Shulamit Elson MediSounds
 - Sequoia Kristal Nutrition Consultation
 - Judy Swallow Rubenfeld Synergy
 - Karin Reynolds Life CoachingFor a listing of all our current practitioners and administrative volunteers, please visit: <https://holistichealthcommunity.org/faculty>
- We helped two nearby communities develop their own Holistic Communities following our model. They are in Beacon NY and New Paltz NY. Unfortunately, the New Paltz group had only one Healthcare Day before the pandemic made in-person gatherings impossible, and the Beacon group had to cancel its first scheduled Healthcare Day. A few of the Beacon practitioners joined our practitioners in offering sessions during our Virtual Healthcare Weeks.
- Our film, **Holistic Health Community: an emerging healthcare model based on the Economics of Generosity** was selected by six film festivals, winning an award of Excellence at the Docs Without Borders Film Festival. We also won an Award of Excellence from the Best Shorts Competition and an Award of Merit from the Impact Docs film Competition.
- We received an Operational Grant for 2019 and 2020 from an anonymous donor through the Community Foundations in 2019. The grant was recently renewed for 2021. In 2020, we completed the architectural design



for our future Healing Sanctuary, a Common Ground Agreement for a Cooperative Land Grant Model, and the bulk of a Strategic Business Plan.

Looking ahead to 2021, we intend to focus on Phase Two of our Future Vision:

<i>Phase</i>	<i>Focus</i>	<i>Action</i>	<i>Timeline</i>
One	Planning	<ul style="list-style-type: none"> • Common Ground Agreement • Strategic Business Plan for the Healing Sanctuary and campus • Architectural Plans for the Healing Sanctuary 	2020
Two	Land Acquisition	<ul style="list-style-type: none"> • Land acquisition • Site Plan • Basic infrastructure • Design and planting work for farm and garden areas • Construction of 2,000 sq. ft. Operations Center 	2021-2022
Three	Building & Land Development	<ul style="list-style-type: none"> • Construction of Healing Sanctuary • Construction of ancillary buildings 	2022 - 2027

All of us at Holistic Health Community are grateful to the Sponsors of Community Holistic Healthcare Days:

Marbletown Community Center, which provides our space

The Green Cottage, which donates a beautiful bouquet of flowers

The High Falls Food COOP, which donates healthy food for our clients and volunteers.

We also wish to thank our CO-SPONSORS:

The Lifebridge Foundation Inc. for co-sponsoring our annual sound healing concert in their beautiful Sanctuary

The Rosendale Theatre Collective for co-sponsoring films related to health and healing at the Rosendale Theatre

MAMA (Marbletown Multi-Arts), for co-sponsoring workshops and lectures.

We are grateful to all of the individual contributors and foundations that enable us to offer our programs to the community free of charge.

Most of all, we are grateful to our amazing, dedicated volunteers.